



good books about **mental wellness**

chapman, veronica n - king khalid is proud

chiew, suzannee - the worry box

connor, tl - little tough guy

eland, eva - when sadness is at
your door

krantz, heather - mind bubbles

morelli, licia - the lemonade hurricane

munro boyd, melissa - b is for breathe

taylor, marissa - happy within

*for more reading on these, and other topics,
please visit teisinc.com for additional
resources*



teisinc.com/resources