

Moving Magnets

(New Standers + Up)

Ways to Play

-Free Play: letting the kiddo explore in their own way

-Ask them for specific magnets (ex: find the pink one, the one with the cow, a square one etc.)

-Sorting magnets by color, shape, etc.

Materials

-Fridge Magnets

-Magnetic vertical surface

(fridge, dishwasher, or cookie tray propped up on a wall)

Skills Worked On

-Weight shifting to get magnets further away from their trunk

-Core and trunk strengthening

-Standing Balance: moving their arms and trunk while standing

-Visual Scanning: looking for the magnets

-Hand Strengthening: pulling the magnets off

-Direction following: getting specific magnets you ask them for

- Shoulder girdle strengthening and stability (very important for supporting fine motor skills!!!)